Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Friday 01 Sep 2023 until 23:59 on Saturday 02 Sep 2023

Forecast Issued on Thursday 31 Aug 2023 at 16:39 by Met Office Aberdeen

Confidence: High for mainly dry and bright weather on Friday and most of Saturday. Some uncertainty for late Saturday and Sunday for the track of a weather front near NW Scotland with a potential for strong winds and outbreaks of rain for a time. High for settled conditions again from Monday.

Headline for Friday 01 Sep 2023: Dry with plenty of sunshine and light winds. Cloudier in far southwest in morning.

Mountain weather hazards on Friday 01 Sep 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny	Sunny	Sunny	Clear night
Precipitation probability							
<05%	<05%	<05%	<05%	<05%	<05%	<05%	<05%

Forecast for Friday 01 Sep 2023

Weather: A chilly start with some patchy fog in the glens. Any fog quickly clearing then a dry day with long sunny spells and remaining clear through the evening. Arran and southwest Argyll may be cloudier with the odd shower in the morning.

Chance of cloud-free hill tops above 800m: 95%.

Low Cloud and visibility: Generally very good visibility. Early fog patches affecting glens and lower slopes soon dispersing. Patchy cloud above 800m over Arran and SW Argyll in the morning.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 01 Sep 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	14/18 E	10/13 E	9/12 E	8/11 E	7/11 SE	6/10 SE	7/10 E	7/9 E	7/9 SE
900	14/18 SE	13/16 SE	10/14 E	10/14 E	9/14 SE	6/10 E	7/10 E	8/11 SE	8/10 SE
600	8/10 SE	4/6 E	5/8 E	6/9 E	8/12 SE	6/9 E	7/10 NE	4/6 SE	3/4 E
300	5/8 E	4/6 SE	4/6 NW	4/7 N	5/9 SE	5/9 E	4/8 E	5/8 SE	4/7 E
Glen	3/10 NE	4/11 NE	4/11 E	5/11 E	4/8 E	3/7 E	5/11 SE	4/7 SE	3/6 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	5/1	5/2	5/2	6/3	7/5	8/7	8/6	6/4	5/2
900	6/3	6/3	6/3	8/6	11/9	12/11	11/9	8/6	6/3
600	11/9	10/9	10/9	11/10	13/12	15/14	14/12	11/10	9/9
300	11/10	11/10	10/9	12/12	16/15	17/16	17/16	14/13	12/11
Glen	11/11	10/9	10/9	15/14	18/18	19/19	17/17	13/13	12/12
Freezing Level*	2000m	2000m	1900m	1900m	1900m	2000m	2100m	2100m	2000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

The first day of meteorological autumn offers a dry day with plenty of sunshine for most and becoming rather warm.

Forecast for Saturday 02 Sep 2023

Weather: A dry night with clear spells. Another dry day with sunny spells but becoming cloudier in the afternoon with strengthening southwesterly winds on the tops later.

Maximum wind: South 10-15mph increasing Southwest 20mph gusts 30mph in evening, perhaps 40mph over Nevis Ranges.

Chance of cloud-free hill tops above 800m: 95%.

Low Cloud and visibility: Good visibility through most of the day. Cloud increasing during the afternoon and evening with some patches of cloud and fog developing above 800m.

Temperature: **Glens:** Plus 8C rising to 18 or 19C.
At 800m: Plus 7C rising to 13C.
Freezing level: Well above summits.

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